

**Aracoma Smith, LCSW, PLLC**

3715 Latimers Knoll Court Suite 106  
Fredericksburg, VA 22408

**Authorization to release/obtain records for Mental Health Treatment**

I, \_\_\_\_\_, whose Date of Birth is \_\_\_\_\_,

authorize Aracoma Smith, LCSW, PLLC to disclose to and/or obtain from:

\_\_\_\_\_ the following information:  
[Insert Name of Person or Title of Person or Organization]

Description of Information to be Disclosed

(Patient/Client should initial each item to be disclosed)

- |  |   |
|--|---|
| <input type="checkbox"/> Assessment                          | <input type="checkbox"/> Educational Information    |
| <input type="checkbox"/> Diagnosis                           | <input type="checkbox"/> Discharge/Transfer Summary |
| <input type="checkbox"/> Psychosocial Evaluation             | <input type="checkbox"/> Continuing Care Plan       |
| <input type="checkbox"/> Psychological Evaluation            | <input type="checkbox"/> Progress in Treatment      |
| <input type="checkbox"/> Psychiatric Evaluation              | <input type="checkbox"/> Demographic Information    |
| <input type="checkbox"/> Treatment Plan or Summary           | <input type="checkbox"/> Psychotherapy Notes*       |
| <input type="checkbox"/> Current Treatment Update            | (*Cannot be combined with any other disclosure)     |
| <input type="checkbox"/> Medication Management Information   | <input type="checkbox"/> Other _____                |
| <input type="checkbox"/> Presence/Participation in Treatment | <input type="checkbox"/> Other _____                |
| <input type="checkbox"/> Nursing/Medical Information         |   |

Purpose

The purpose of this disclosure of information is to improve assessment and treatment planning, share information relevant to treatment and when appropriate, coordinate treatment services.

If the purpose is other than marketing, sale of information, research or as specified above, please specify:

\_\_\_\_\_  
\_\_\_\_\_

Marketing

- If the purpose of this disclosure is for marketing purposes, please check this box and set forth the financial remuneration amount received by the [Social Work Organization] in exchange for disclosing the information. \$ \_\_\_\_\_

Sale of Information

- If the purpose of this disclosure is for the sale, license to use or lease of the information, please check this box.

Research

- If the purpose of this disclosure is for research purposes, please check this box and identify the current and future research studies as well as whether each research study is conditioned upon execution of this authorization and individual's ability to opt into each study.

\_\_\_\_\_.

NAME: \_\_\_\_\_

Revocation

I understand that I have a right to revoke this authorization, in writing, at any time by sending written notification to Aracoma Smith, LCSW, PLLC at 3715 Latimers Knoll Court Suite 106 Fredericksburg, VA 22408. I further understand that a revocation of the authorization is not effective to the extent that action has been taken in reliance on the authorization.

Expiration

Unless sooner revoked, this authorization expires on the following date: \_\_\_\_\_ or as otherwise indicated: \_\_\_\_\_

Conditions

I further understand that Aracoma Smith, LCSW, PLLC will not condition my treatment on whether I give authorization for the requested disclosure. However, it has been explained to me that failure to sign this authorization may have the following consequences: \_\_\_\_\_

*[Insert an explanation of the consequences, if any, of not signing this authorization, which will depend on the services being provided].*

Form of Disclosure

Unless you have specifically requested in writing that the disclosure be made in a certain format, we reserve the right to disclose information as permitted by this authorization in any manner that we deem to be appropriate and consistent with applicable law, including, but not limited to, verbally, in paper format or electronically.

Redisclosure

I understand that there is the potential that the protected health information that is disclosed pursuant to this authorization may be redisclosed by the recipient and the protected health information will no longer be protected by the HIPAA privacy regulations, unless a State law applies that is more strict than HIPAA and provides additional privacy protections.

I will be given a copy of this authorization for my records.

\_\_\_\_\_  
Signature of Patient/Client Date

\_\_\_\_\_  
Signature of Parent, Guardian or Personal Representative Date

If you are signing as a personal representative of an individual, please describe your authority to act for this individual (power of attorney, healthcare surrogate, etc.).

\_\_\_\_ Check here if patient/client refuses to sign authorization

\_\_\_\_\_  
Signature of Staff Witness Date